

**NAME**

**from** — print names of those who have sent mail

**SYNOPSIS**

**from** [**-c**] [**-f** *file*] [**-s** *sender*] [*user*]

**DESCRIPTION**

The **from** utility prints out the mail header lines from the invoker's mailbox.

The following options are available:

**-c** Just print a count of messages and exit.

**-f** *file*

The supplied *file* is examined instead of the invoker's mailbox. If the **-f** option is used, the *user* argument should not be used. Read from standard input if file name “-” is given.

**-s** *sender*

Only mail from addresses containing the supplied string are printed.

If *user* is given, the *user*'s mailbox is examined instead of the invoker's own mailbox. (Privileges are required.)

**ENVIRONMENT**

**MAIL** If set, the location of the invoker's mailbox. Otherwise, the default `/var/mail` is used.

**FILES**

`/var/mail/*`

**SEE ALSO**

`biff(1)`, `mail(1)`

**HISTORY**

The **from** command appeared in 3.0BSD.